



The **trekking from RUI VAZ to the LONGUEIRA** lasts approximately two hours and half. Easy access, and recommended for all people...

With a road in good conditions and by private transportation, we goes from the Hotel in PRAIA to one of the highest and green village named RUI VAZ located about 900 m from the sea level, 13KM from the Hotel, after that, it is possible to get by walking to one of the best and beautiful valley in Santiago.

From RUI VAZ, we take a zigzagging trail goes down, allowing a beautiful view of the environment, even though sometimes it is under a layer of fog. We goes across a eucaliptos forest, and sometime we can see the beatiful birds with different colors.

After an approximately 2 ½ hours hike, we arrive to LONGUEIRA.



In a small kiosk we can buy cookies, food (snacks) and, of course, Coca-Cola.

Going down on our trail for some 30 minutes, we find a Botanique Garden with the endemic plants, a good resting place to Pik Nik.



A little later, by foot we reach the town of Orgaos, the biggest in this valley green.

From here we take a bus back and arrive to PRAIA, 1 hour later. Across the road there are some good places to camp.

Attached we are sending some pictures regarding this treeking...

Our guide is an expert in Santiago trekking.

Price per person for group more than 10 people.

1- Transfer in small bus Hotel/Rui Vaz - (max 12 pax) Hotel/Rui Vaz - 5 Euros/person one way Pik Nik - Water, 1 local fruit, 1 sandwiche, fruit juce

Price per person / min. 02 persone. - Trekking with pik Nik - 40 Euros per person

Contact. - Simao LEVY - 00238 9 927894

Email - <u>levytravelcv@gmail.com</u>